

Talk

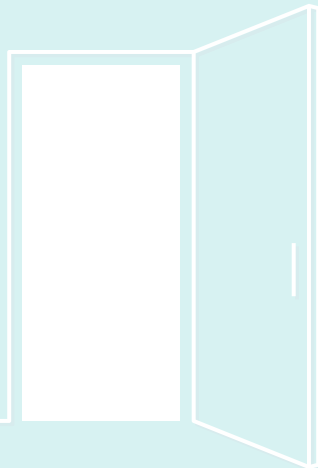
Oxford County ~~Walk-in~~ Counselling

We can help.

Free.

No referral necessary.

Pre-booked appointment required.



Friendly, qualified counsellors can help you find ways to improve your wellness and create positive solutions to life's challenges.

SEE REVERSE FOR DETAILS

ALL TALK-IN SESSIONS ARE BY APPOINTMENT ONLY

Contact requested site in advance to pre-book appointment. Same day calls are welcome but not guaranteed.

Mondays All Day

(Children/youth from birth to 17 years of age and their caregiver)
Wellkin Child & Youth Mental Wellness
912 Dundas Street, Woodstock
1-877-539-0463 / www.wellkin.ca (Quick Access Therapy Services)

Noon to 7pm (All ages)

Canadian Mental Health Association
41 Broadway Street
1-800-859-7248

Tuesdays 3 to 6pm (All ages)

Canadian Mental Health Association @ Ingersoll Nurse Practitioner-Led Clinic
19 King Street East, Ingersoll
1-800-859-7248

Wednesdays All Day

(Children/youth from birth to 17 years of age and their caregiver)
Wellkin Child & Youth Mental Wellness
912 Dundas Street, Woodstock
1-877-539-0463 / www.wellkin.ca (Quick Access Therapy Services)

9 to 11am (Ages 16 and up)

Oxford County Community Health Centre
35 Metcalf Street
519-539-1111 ext. 201 or ext. 207

Thursdays Noon to 6pm (All ages)

Valid Health Card Required
Woodstock Hospital (Athlone Entrance)
310 Juliana Drive
519-421-4223 ext. 3224

Saturdays 10am to 3pm (All ages)

Canadian Mental Health Association @ Woodstock Branch
522 Peel Street
1-800-859-7248